



28 SOLOS 28 DAYS

HOW TO MAKE YOUR OWN SOLO

28SOLOS28DAYS BY BOBBI LO PRODUKTION

YOU NEED:

One phone with the Instagram (IG) app and good internet connection or 4G.

One set of headphones (tape them to your ears so they don't fall out when you dance).

One device to play the instructions, MP3 player, computer or something else (connected to your headphones).

- Download the music to your IG phone and the instructions to the device you will use to play the instructions.
- Fixate your phone on a stabil surface so your IG fans can see your whole body.
- Start the music on your IG phone (there is 90 sec of silence in the beginning of the track so you have plenty of time to start the "live").
- Start a "live" on your IG. You do that by going to the story funktion and choose "live" in the bottom.
- Start the instructions on your headphones.
- Don't wait for the instructions to tell you what to do, just keep dance dance dancing and make funny faces...
- When you have done your awesome solo and finished your live, share the whole thing on IGTV video, remember to use the hashtag #28solos28days.

WE HOPE YOU HAVE FUN WITH IT!